- Choose Start>All Programs>Microsoft Office®>Microsoft Office Word 2007. Open the data file Paws.docx. Save as: Paws-[your first initial and last name]. (For example, Paws-wlester.)
- Choose Home>Styles> Change Styles | A | . Click Style Set and select Word 2007 from the list.
- Select the company name Pillows 4 Paws. Choose Home and click the Styles **Dialog Box Launcher** . In the Styles Gallery, click New Style 34.
- In the Create New Style from Formatting dialog box, under Properties, in the Name box, key: Paws (see Figure 1.1).
- In the Style type box, select Paragraph. In the Style based on box, select Normal.
- Change the font to Arial, 14 pt. Click Format. Choose Font. Under Effects, select Small caps. Click OK twice.
- (CHECK) Your screen should look like Figure 1.2.
- Continue to the next exercise.

EXERCISE 1-1

Create and Apply Custom Styles for Texts and Lists

With Quick Styles, you can change the format of a specific, or particular, type of text, such as a heading, list, or caption. You can create and apply font, size, color, alignment, or other character and paragraph formats. Word documents have a set of predefined, or default, styles that you can edit. You can also create your own custom styles. Once a style has been defined, you can apply the format to text in your document.

FIGURE 1.1 Create New Style from Formatting dialog box

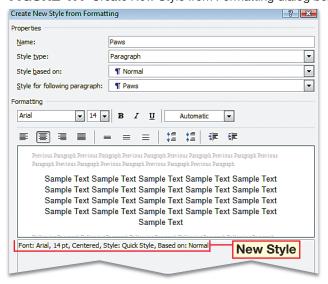
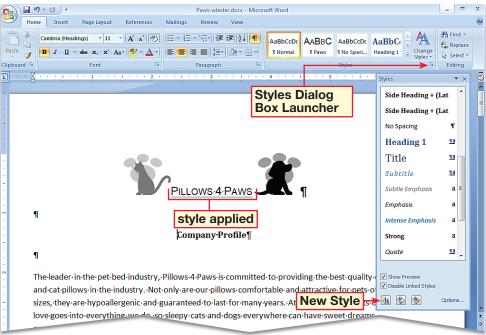


FIGURE 1.2 Style applied to document



Advanced Word Lesson 1: Exercise 1-1

- In your **Paws** file, locate and click the heading **Our History**. Notice that the heading style is highlighted in the **Styles Gallery**.
- Move the mouse over the style **Side Heading**. Click the **Side Heading** dropdown arrow (see Figure 1.3).
- Choose Modify. In the
 Modify Style dialog box,
 click the Format dropdown arrow. Choose Font.
- In the Font dialog box, select Small caps. Click OK twice.
- Go to Page 3. Select the four lines beginning with Add to your and ending with Be your own boss. Click New Style
- In the Name box, key:
 Listing. In the Style type
 box, choose List. In the
 Apply formatting to box,
 choose 1st level.
- 8 Click **OK** twice.
- Continued on the next page.

EXERCISE 1-2

_

Modify Custom Styles for Texts and Lists

You can edit the character and paragraph formatting of styles and save your custom styles in the Styles Gallery. Paragraphs that are formatted with a particular style are automatically updated when the style is modified.

FIGURE 1.3 Styles Gallery

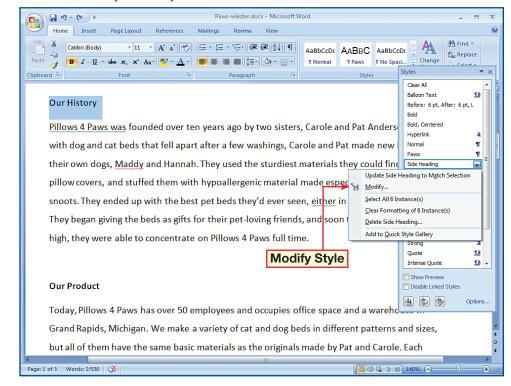
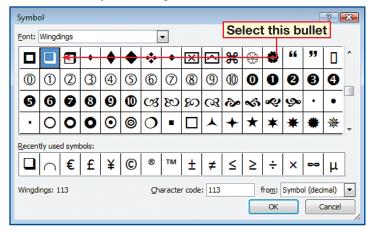


FIGURE 1.4 Symbol dialog box



- Olose the **Styles Gallery**.
 Scroll to the top of the document. Select the **T** in **The** at the beginning of the first paragraph.
- Choose Insert>Text>
 Drop Cap . Select
 Dropped. With the T still selected, right-click and change the font to
 Cambria.
- **11 OCHECK** Your screen should look like Figure 1.5.
- Scroll to the second paragraph on the third page.
 Under the heading **Join Pillows for Paws**, click before the fourth sentence in the paragraph.
- Press ENTER. Click before the sentence beginning with **You'll have fun**.

 Press ENTER.
- Select the sentence beginning with When you become. Choose Home>
 Styles and click the Styles
 Dialog Box Launcher
- Select Intense Quote.
 Close the Styles Gallery.
 Deselect the text.
- (16) (CHECK) Your screen should look like Figure 1.6 Save and close your file.
- Continue to the next exercise.

EXERCISE 1-2 (Continued)



Modify Custom Styles for Texts and Lists

FIGURE 1.5 Drop cap applied to text

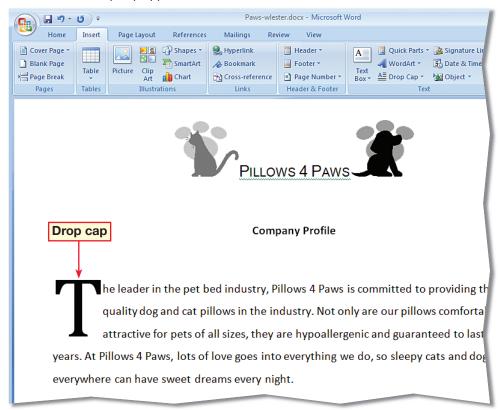
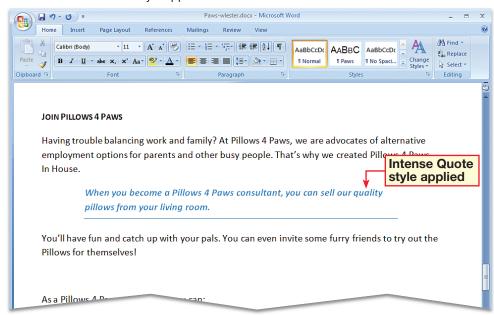


FIGURE 1.6 Custom style applied to list



- Open the data file **Pricing.**docx. Save as: Pricing[your first initial and last
 name].
- Choose Home>Styles and click the Styles Dialog
 Box Launcher . In the task pane, click New Style
- In the Name box, key:
 Price Table. In the Style
 type box, select Table.
- In the Style based on box, select Table Normal.
- In the Apply formatting to box, select Whole table.
- In the drop-down list of the Formatting section, select Arial, 11 pt, and the font color Black. Click the Alignment drop-down arrow. Select Align Center Left (see Figure 1.7).
- In the Apply formatting to box, select Header row.
- 8 Click Format. Choose Font. Change the font to Arial, 12 pt, Bold, Black, and Small caps. Click OK.
- **OCHECK** Your dialog box should look like Figure 1.8. Click **OK**.
- Continued on the next page.

Lesson 1: Exercise 1-3

EXERCISE 1-3

Create Custom Styles for Tables

You can utilize, or use, the Styles Gallery to quickly change the formatting of tables in your Word documents. You can also edit the format of a table, such as making the font bigger or adding shading to a row.

FIGURE 1.7 Create New Style from Formatting dialog box for table

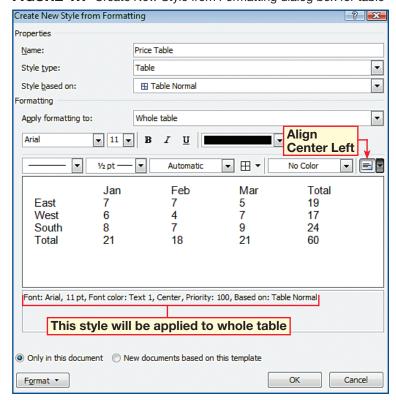
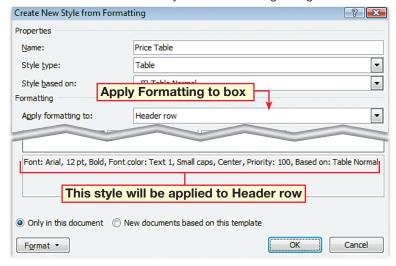


FIGURE 1.8 Create New Style from Formatting dialog box header row only





- Click in the table. Choose

 Home>Styles and click

 the More arrow.
- Select **Apply Styles**. Make sure **Price Table** is selected under **Style Name** and click **Modify**.
- box should look like Figure
 1.9. Check that the Apply
 formatting to box is set to
 Whole table.
- Click Format. Choose
 Paragraph. On the
 Indents and Spacing tab,
 change the Spacing After
 to 3 pt. Click OK.
- Click Format. Choose

 Borders and Shading.

 Under Setting, click All.
- In the Width box, choose

 1 pt. Click OK. Click OK
 again. Close the menu.
- for the ck. Your screen should look like Figure 1.10. Save and close your file.
- Continue to the next exercise.

Microsoft Office 2007

To remove a **Quick Style** from the gallery, right-click the style in the **Styles** task pane, and click **Remove** from **Quick Styles** gallery.

EXERCISE 1-3 (Continued)

Create Custom Styles for Tables

FIGURE 1.9 Modify Style dialog box

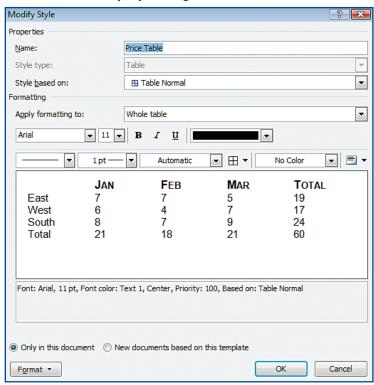
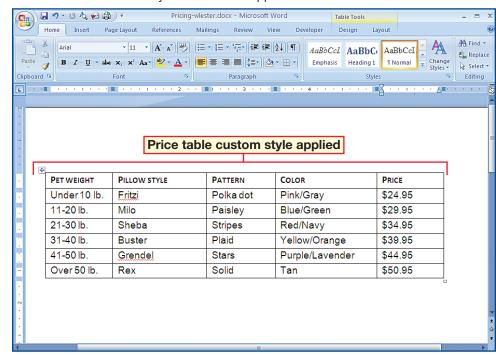


FIGURE 1.10 Custom style modified and applied to table





- Open your **Paws** file. On Page 1, position the insertion point in the paragraph starting with **Each**.
- Choose Home>
 Paragraph and click the
 Paragraph Dialog Box
 Launcher . In the
 Paragraph dialog box,
 click the Line and Page
 Breaks tab.
- Click the Widow/Orphan control check box.
- OCHECK Your dialog box should look like Figure 1.11. Click **OK**.
- Scroll down to the end of the paragraph.
- 6 (CHECK) Your screen should look similar to Figure 1.12.
- Position the insertion point in the Each paragraph.
 Click Paragraph>Dialog
 Box Launcher
- On the Line and Page
 Breaks tab, click the Keep
 lines together box.
- Olick **OK**. The entire paragraph moves to Page 2.
- Continued on the next page.

EXERCISE 1-4

Control Line and Page Breaks

You can format your document so that single lines of text will not appear at the top or bottom of a page. An **orphan** is a line of text that appears by itself at the bottom of a page. A **widow** is a line of text that appears by itself at the top of a page. You can also apply the Keep lines together feature to avoid a page break that splits a paragraph in the middle. Keep with next prevents a page break in between two paragraphs that you want to keep on the same page.

FIGURE 1.11 Paragraph dialog box

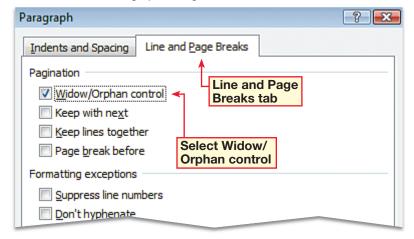
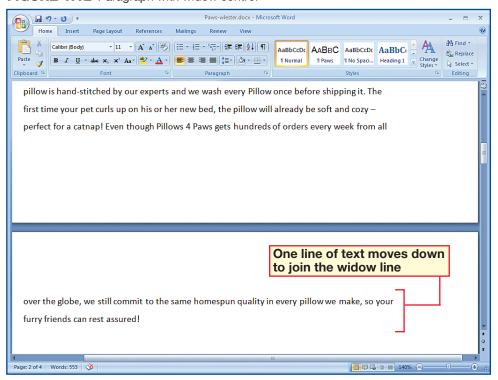


FIGURE 1.12 Paragraph with widow control



- On the first page of your document, click in the heading **Our Product**.
- Click the Paragraph

 Dialog Box Launcher ...
- On the Line and Page
 Breaks tab, select Keep
 with next. Click OK.
- should look like Figure 1.13.

 Note that the heading moves to the next page.
- Scroll down to the customer testimonials.
 Click after **house!**" at the end of the first customer testimonial on Page 2.
- Activate **Show/Hide** .

 Press SHIFT + ENTER. Key:

 Renaldo R.
- Click after **cute.**" at the end of the second customer testimonial.

 Press SHIFT + ENTER. Key:

 Maria V.
- Click after it!" at the end of the third customer testimonial. Press SHIFT + ENTER. Key: Choo-Hee K.
- (B) (CHECK) Your screen should look like Figure 1.14.
- Click **Show/Hide** ¶ again to turn it off. Save your file.
- Continue to the next exercise.

EXERCISE 1-4 (Continued)

Control Line and Page Breaks

FIGURE 1.13 Heading moved to next page

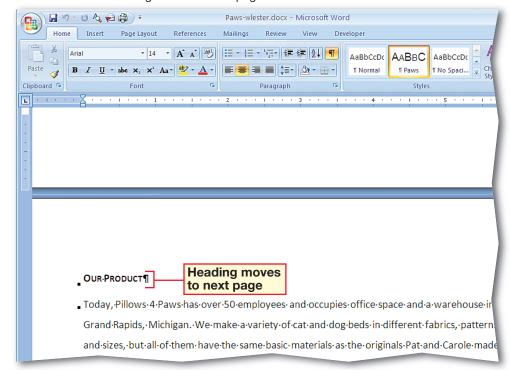
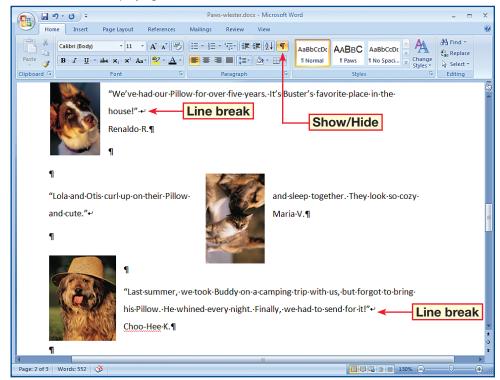


FIGURE 1.14 Displaying line breaks



- In your **Paws** file, click on the dog graphic in the first customer testimonial on Page 2.
- The Picture Tools
 contextual tab appears.
 Choose Format>Size.
 Click the Size Dialog Box
 Launcher
- Under Size and rotate, change Height to 1.14".
- Under Scale, verify that the Lock aspect ratio and Relative to original picture size boxes are checked.
- box should look like
 Figure 1.15. Click Close.
- 6 (CHECK) Your screen should look like Figure 1.16.
- Continued on the next page.

Academic Skills

If a graphic is twice as wide as it is tall, it can be sized so that it still maintains its original proportions. To size a graphic proportionally, drag a corner handle. Dragging a middle handle sizes a graphic either vertically or horizontally.

EXERCISE 1-5

Resize and Scale Graphics

A **graphic** is usually a picture file, but tables, charts, and shapes are also graphics. You can change the size of a graphic or you can scale a graphic to be a percentage of its original size. One way to change the size of or **resize** a graphic is by entering a measurement in the Size dialog box. Another way you can size a graphic is by dragging a sizing handle. To **scale** a graphic, open the Size dialog box and key a percentage for the height or width in the Scale section.

FIGURE 1.15 Size dialog box

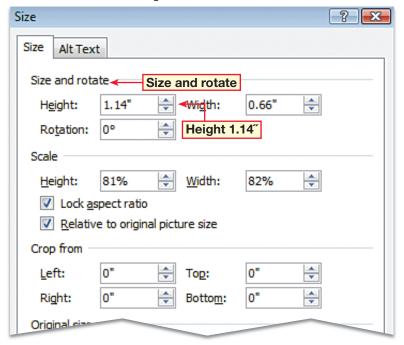
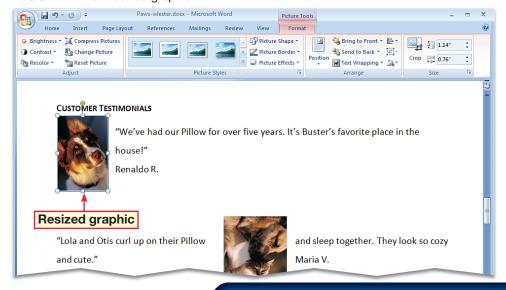


FIGURE 1.16 Resized graphic



Lesson 1: Exercise 1-5 Advanced Word 12



- Click the dog photo in the third customer testimonial.
- Click the Size Dialog Box
 Launcher . On the
 Size tab, in the Height
 box, key: 1.15". Press TAB.
 The width is adjusted
 automatically. Click Close.
- In the dialog box, under Scale, change Height to 50%. Press TAB. The width is automatically scaled. Click Close.
- 10 (CHECK) Your screen should look like Figure 1.17.
- Click **Undo** on the **QAT**.
- (CHECK) Your screen should look like Figure 1.18.
- 3 Save your file.
- Continue to the next exercise.

Tech Tip

You can find the original height and width of a graphic easily by looking in the **Size** dialog box under **Original size**.

EXERCISE 1-5 (Continued)

Resize and Scale Graphics

FIGURE 1.17 Third graphic scaled and resized

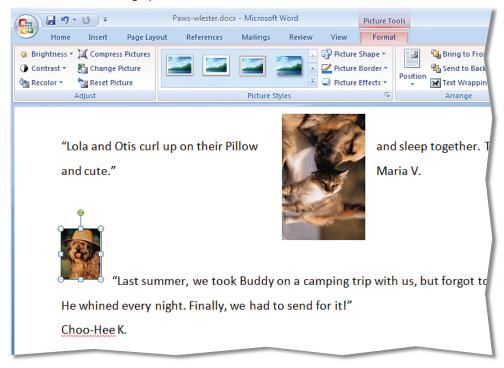
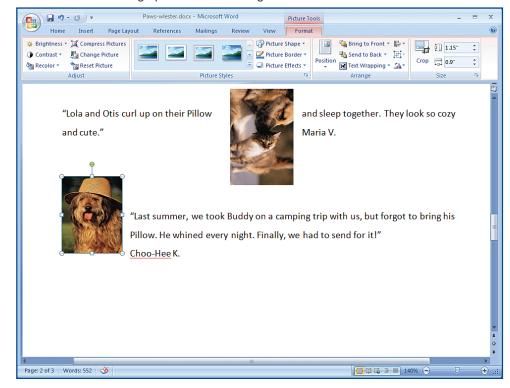


FIGURE 1.18 Third graphic returned to original size and scale



Lesson 1: Exercise 1-5 Advanced Word 13

- In your **Paws** file, click once on the dog and cat graphic in the second customer testimonial.
- Choose Format>
 Arrange>Position
 Select More Layout
 Options.
- Click the **Text Wrapping** tab. Click **Tight**.
- Click the Picture Position tab. Under Horizontal, change the Alignment to Right.
- **OCHECK**) Your dialog box should look like Figure 1.19.
- 6 Click OK.
- **10 () CHECK)** Your screen should look like Figure 1.20.
- 8 Save your file.
- Continue to the next exercise.

You Should Know

Pictures are inserted as inline graphics. To move a picture freely on the page, the picture must be changed to a floating graphic. To change an inline graphic, apply text wrapping to the selected graphic.

EXERCISE 1-6

Wrap Text with Graphics

After you insert a graphic, you can flow, or wrap, text around it to **eliminate**, or remove, unnecessary white space. You may wrap text around a graphic to make your document more attractive or to save space.

FIGURE 1.19 Picture Position tab in Advanced Layout dialog box

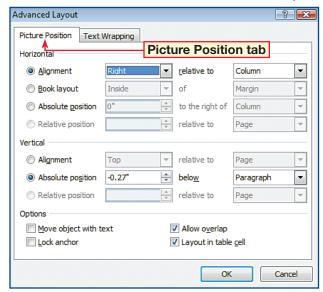
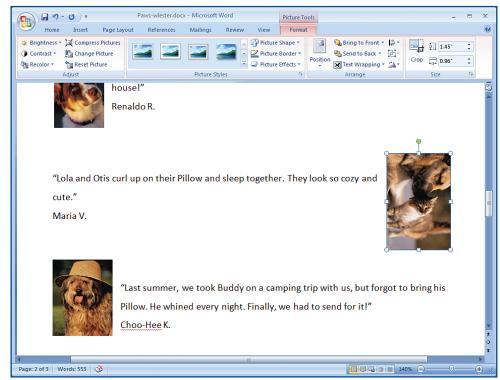


FIGURE 1.20 Text wrapping around graphic



Lesson 1: Exercise 1-6 Advanced Word 14



- In your **Paws** file, select the dog and cat graphic next to the second customer testimonial.
- Make sure the graphic is still selected. Choose Format>Size>Crop
- Crop the extra space next to the cat's tail by dragging the cropping handle on the middle-right toward the center of the graphic.
- Choose Format>Adjust>
 Compress Pictures ...
- 6 Click the Apply to selected pictures only check box. Click Options.
 Read the selections in the Compression Options dialog box. Click OK twice.
- Hold down CTRL and select all three images.
 Choose Format>Picture
 Styles and click the More
 drop-down arrow.
 Select Bevel Rectangle.
- 8 (CHECK) Your screen should look similar to Figure 1.22. Save your file.
- Continue to the next exercise.

EXERCISE 1-7

Rotate, Crop, and Format Graphics

You may want to modify a graphic once you have inserted it. You can also **rotate** a graphic to change its position on the page. **Crop** a graphic to trim its edges. You can use a Quick Style to add borders or bevels. After you make the changes to your picture, you may want to reduce the image resolution, or **compress** the picture to reduce the document's overall file size.

FIGURE 1.21 Rotating a graphic

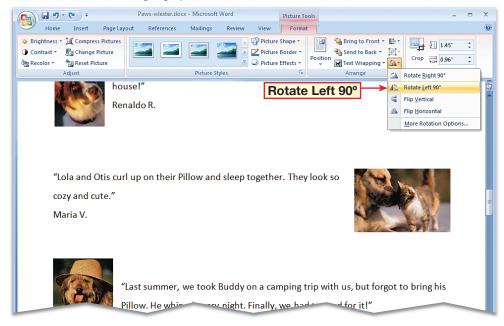
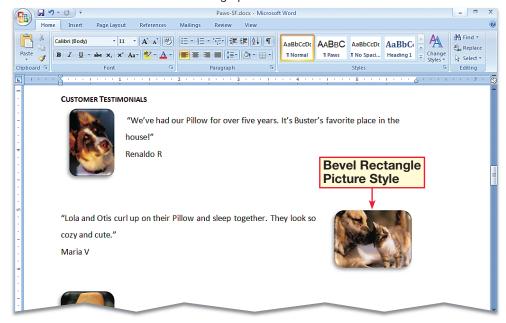


FIGURE 1.22 Rotated and beveled graphic



Lesson 1: Exercise 1-7 Advanced Word 15



- In your **Paws** file, select the cat graphic next to the company name at the top of the first page. The **Picture Tools** contextual tab becomes visible.
- Choose Format>Adjust>
 Contrast .
- Select +40%.
- 4 (CHECK) Your screen should look like Figure 1.23.
- Choose Format>Adjust>
 Brightness 🙀.
- 6 Select 0% (Normal).
- With the cat graphic still selected, choose Format>
 Adjust>Recolor ...
 Under Light Variations, select Accent color 1
 Light.
- Select the dog graphic on the other side of the company name. Choose Format>Adjust>Recolor

 Under Light
 Variations, select Accent color 2 Light. Deselect the dog graphic.
- OCHECK Your screen should look like Figure 1.24.
- Save and close your file.
- Continue to the next exercise.

EXERCISE 1-8

Control Image Contrast and Brightness

You can adjust a graphic's **contrast** to make it clearer or sharper. You can also adjust **brightness** to make the graphic lighter or darker, or recolor a graphic to give it a stylized effect, such as grayscale or sepia tone.

FIGURE 1.23 Controlling image contrast

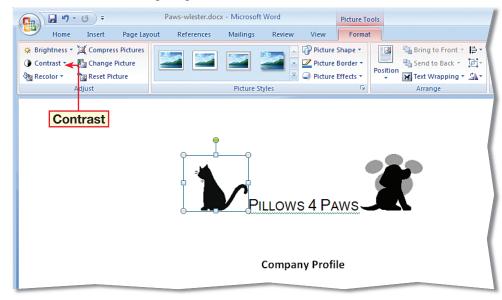
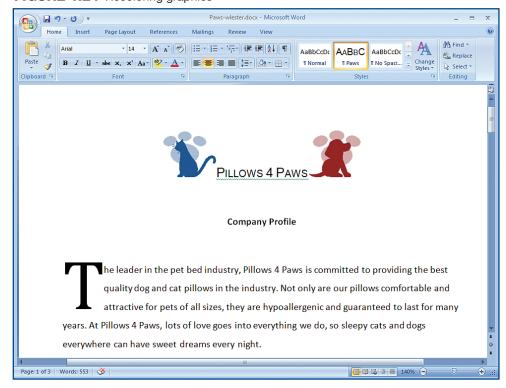


FIGURE 1.24 Recoloring graphics



Lesson 1: Exercise 1-8 Advanced Word 16



- In your **Paws** file, click after the word **too!** on Page 3.

 Press ENTER.
- Click **Browse**. Navigate to your saved **Pricing** file.
 Select the file. Click **Insert**.
 Click **OK**.
- 4 (CHECK) Your screen should look like Figure 1.26.
- Click before the sentence that begins Check below for. Choose Page Layout>Page Setup> Breaks
- 6 Choose **Page Break**. The sentence is now at the top of the fourth page.
- Click after country. at the end of the sentence. Press ENTER. Choose Insert>
 Text>Object
- 8 Click the Create New tab. Click Microsoft Graph Chart. Click OK.
- On the datasheet, in cell

 A1, under 1st Qtr, change

 20.4 to 30.4. Click

 anywhere outside the

 datasheet.
- Continued on the next page.

EXERCISE 1-9

Insert and Modify Objects

You may need to create or revise a table or chart in Word using information from another source, such as data from a graph, chart, PowerPoint slide, Excel worksheet, or other object. An object is a table, chart, graphic, equation, or other form of information that you insert into your document. You can also open these Excel, PowerPoint, or Access files while working in Word and cut and paste data from the source into your document.

FIGURE 1.25 Object dialog box

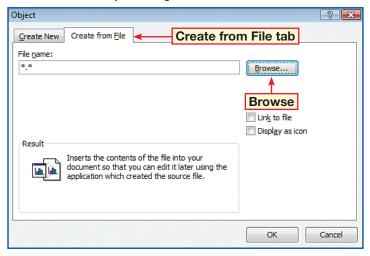
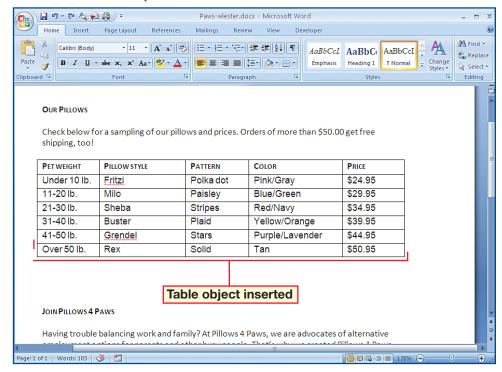


FIGURE 1.26 New object inserted in document



from

- The graph is now embedded in your Word document. Double-click the **Graph Chart** on Page 4 to open the datasheet.
- Open the data file Sales
 .xlsx. Select A2:D4.
 Choose Home>Clipboard>
 Copy (see Figure 1.27).
- Switch back to your **Paws** file. Select all the data in the datasheet. Press DELETE.
- Select the first three rows and four columns in the datasheet. Choose
- Click cell **B1**. Delete **\$75.00**. Key: \$100.00.

 Press ENTER. Click outside the datasheet.
- (15) (CHECK) Your screen should look like Figure 1.28.
- Close the **Sales.xlsx** file.
 Exit **Excel**. Save and close your **Paws** file.
- Continue to the next exercise.

Academic Skills

Accurate data is especially important when creating reports. Inserting objects can help you to ensure that you have the most up-to-date data in a report.

EXERCISE 1-9 (Continued)

Insert and Modify Objects

FIGURE 1.27 Excel spreadsheet data

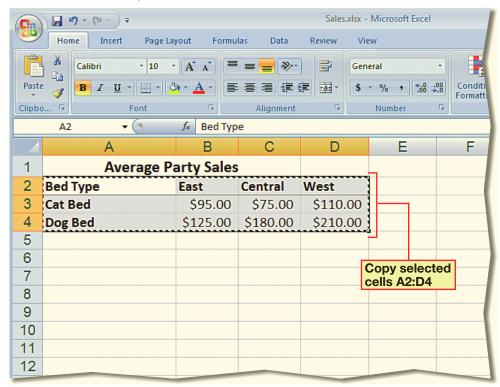
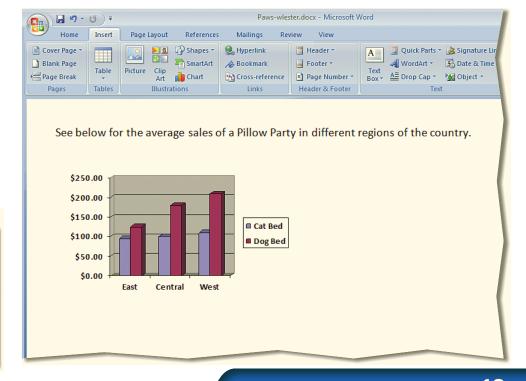


FIGURE 1.28 Revised chart



File

- Open the data file
 Northmeadow.docx.
 Save as: Northmeadow[your first initial and last name].
- On Page 3, under
 Important Upcoming
 Meetings, select the list of
 four meetings starting with
 Sales Kick-Off Meeting.
- Choose Home>
 Paragraph>Sort . In the Sort Text dialog box, click Options. In the Sort Options dialog box, under Separate fields at, click Other. Clear the box and press the spacebar once. Click OK.
- 4 Under Sort by, select Paragraphs (see Figure 1.29). Under Type, select Text. Click

 Ascending. Click OK. The list is now sorted by meeting name in alphabetical order.
- With the list still selected, click Sort . Under Sort by, select Word 5. Under Type, select Date. Click Ascending. Click OK. Deselect the text.
- 6 (CHECK) Your screen should look like Figure 1.30. Save your file.
- Continue to the next exercise.

EXERCISE 1-10

Sort Information in Lists

You can sort, or arrange, information by a specific category. Information that is sorted in **ascending order** is arranged from A to Z, 0 to 9, or earliest date to latest date. Information that is sorted in **descending order** goes from Z to A, 9 to 0, or latest date to earliest date.

FIGURE 1.29 Sort Text dialog box

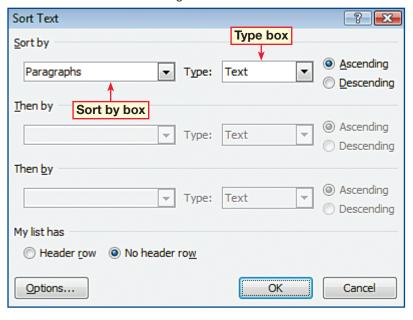
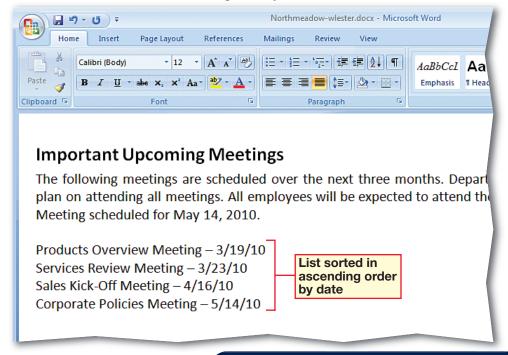


FIGURE 1.30 List sorted in ascending order by date



Lesson 1: Exercise 1-10 Advanced Word 19

- In your **Northmeadow** file, select all of the cells in **Table 1-2** on Page 2 (see Figure 1.31).
- Click Sort . Under Sort by, select Proposal Number from the dropdown menu.
- Under Type, select
 Number. Click
 Ascending. Click OK. The
 table is now sorted by
 Proposal Number.
- With the table still selected, click **Sort** [].
- Under **Sort by**, select **Potential Revenue** from the drop-down menu.
- Ounder Type, select
 Number. Click
 Descending.
- Click **OK**. Deselect the table.
- 8 (CHECK) Your screen should look like Figure 1.32.
- Save your file.
- Continue to the next exercise.

EXERCISE 1-11

Sort Information in Tables

Sorting information in a table is quick and easy. You can sort by one or more columns in the table, including text, numbers, and dates. Sorting can help you see patterns and identify important information.

FIGURE 1.31 All cells selected

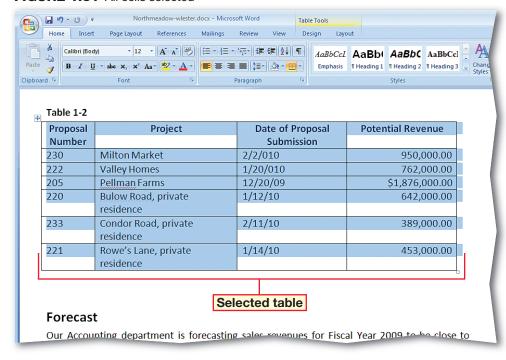
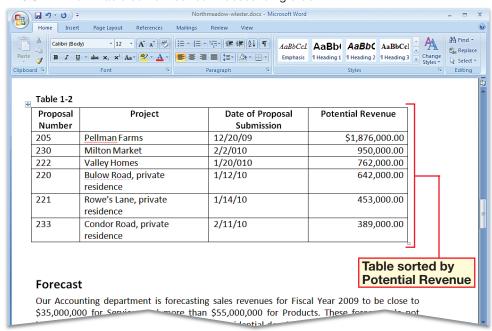


FIGURE 1.32 Table content sorted in descending order



Lesson 1: Exercise 1-11 Advanced Word 20



- In your **Northmeadow** file, click in the last row in **Table 1-2**. The **Table Tools** contextual tab appears.
- Choose Layout>Rows
 & Columns>Insert
 Below
- Click in the blank cell at the bottom of the **Potential**Revenue column.
- Choose Layout>Data>
 Formula f_x . The formula
 =SUM(ABOVE) appears in
 the Formula box (see
 Figure 1.33).
- 5 Click the Number format drop-down arrow. Select \$#,##0.00;(\$#,##0.00). Click **OK**.
- 6 (CHECK) Your screen should look like Figure 1.34.
- Save your file.
- Continue to the next exercise.

Shortcuts

You can also click in the last cell of the last row and press TAB to automatically insert a row below the last row.

EXERCISE 1-12

Perform Calculations in Tables

You can perform a calculation in a table by creating a formula. A formula can contain numbers, values in a table, or both. You could, for example, create a formula to add the prices of books you need to buy. Another kind of formula might find the average of your test grades. More complicated formulas can be used to help determine which of two options will yield the best results.

FIGURE 1.33 Formula dialog box

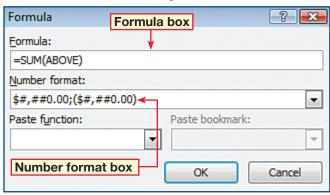
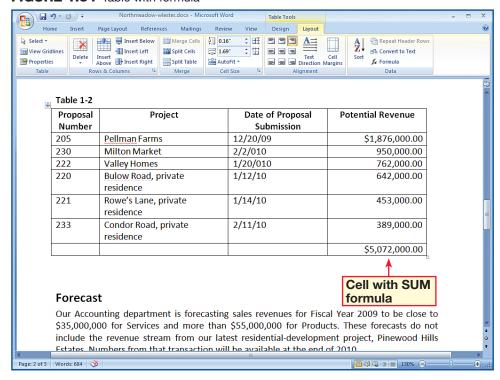


FIGURE 1.34 Table with formula



Lesson 1: Exercise 1-12 Advanced Word 21



- In your Northmeadow file, in Table 1-2, click in the cell containing the date 12/20/09. The Table Tools display.
- Click after **12/20/09**.

 Press the **spacebar** once.

 Key: Excavation.
- Click in the blank cell below 12/20/09. Key: 1/14/10 Framing. In the next cell down, key: 1/19/10 Masonry.
- 5 (CHECK) Your screen should look like Figure 1.35.
- Select the first three cells in the last row. Choose **Table Tools>Layout>Merge> Merge Cells**The cell.
- Click inside the cell. Key:
 Total. Select the last row.
 Choose Home>Font>
 Bold B. Deselect the text.
- 8 (CHECK) Your screen should look like Figure 1.36.
- Save your file.
- Continue to the next exercise.

EXERCISE 1-13

Split and Merge Cells

A table consists of columns and rows. The intersection of a column and a row is called a cell. Use the **Split Cells** command to divide a cell into two or more cells. Use the **Merge Cells** command to combine two or more cells into a single cell. You might split a cell to separate items in a cell or merge cells to create one cell for a heading centered above a group of cells or columns.

FIGURE 1.35 Split table cells

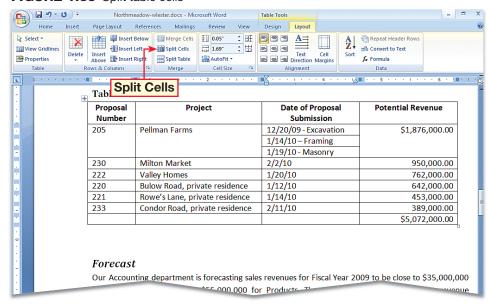
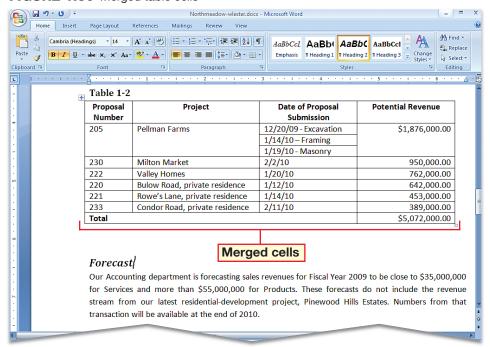


FIGURE 1.36 Merged table cells



Lesson 1: Exercise 1-13 Advanced Word 2

- In your **Northmeadow** file, find **Table 1-1** on Page 1. Select all of the cells in the table, except the first column and the first row. The **Table Tools** appear.
- Choose Layout>
 Alignment>Align
 Center
- (3) (CHECK) Your screen should look like Figure 1.37.
- Select the first row. Choose

 Layout>Alignment>Text

 Direction . Click Text

 Direction again.

 Deselect the text.
- 5 (CHECK) Your screen should look similar to Figure 1.38.
- 6 Click in the Services
 Division cell in the
 second row. The Table
 Tools Contextual Tab
 appears.
- Continued on the next page.

EXERCISE 1-14

Modify Text Position and Direction in a Cell

You can format a table to make it look more professional and easier to read. Change vertical alignment so that the text aligns along the top of the cell, along the bottom of the cell, or is centered in the cell. Change text direction to turn headings vertically. You can also adjust table properties, such as width, row height, alignment of the table, and alignment of each cell, to make information in the table more readable.

FIGURE 1.37 Center-aligned text in a table

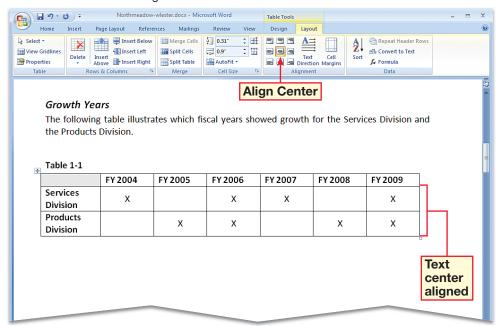
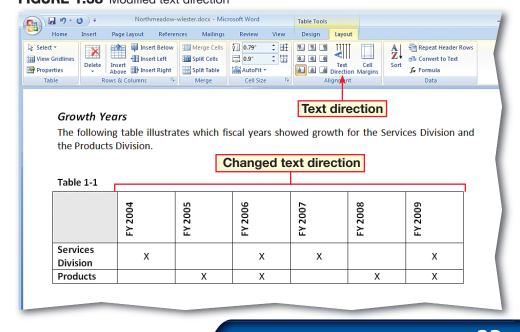


FIGURE 1.38 Modified text direction



- Under Size, select the Preferred width check box. In the Preferred width box, click the up arrow until 1.6" appears (see Figure 1.39). Click OK.
- Select all rows and columns in **Table 1-1**, except for the first column.
- On the **Column** tab, select the **Preferred width** check box.
- In the **Preferred width**box, click the **down arrow**until **0.4**" appears. Click **OK**. Deselect the text.
- (CHECK) Your screen should look like Figure 1.40.
- With your teacher's permission, print and save your file.
- Continue to the next exercise.

EXERCISE 1-14 (Continued)



Modify Text Position and Direction in a Cell

FIGURE 1.39 Table Properties dialog box

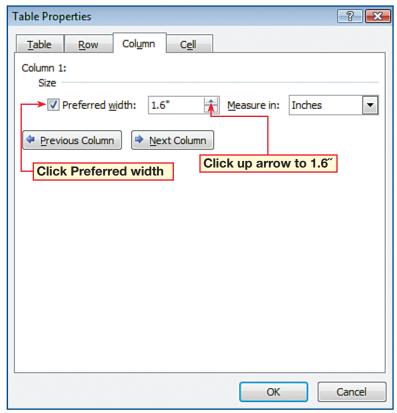
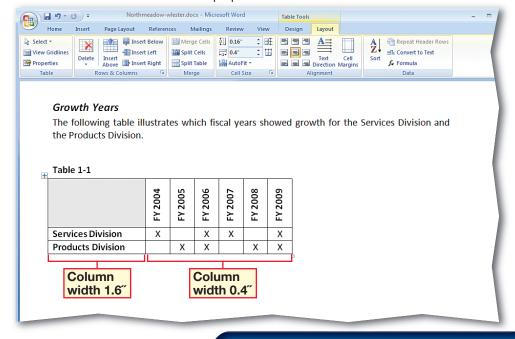


FIGURE 1.40 Table with modified properties



- In your **Northmeadow** file, place the insertion point after **Last printed on** at the beginning of the document.
- Press the Spacebar once.
 Choose Insert>Text>
 Quick Parts and click
 Field .
- In the **Field** dialog box, under **Field names**, scroll down and select **PrintDate**.
- Under **Date formats**, select the first format in the list (see Figure 1.41). Click **OK**.
- Select the date. Choose Insert>Text>Quick Parts>Field
- Ounder Field names, select PrintDate. Under Date formats, select the sixth format in the list. Click OK.
- **TOCHECK** Your screen should look like Figure 1.42.
- 8 Save your file.
- Continue to the next exercise.

Troubleshooter

If you did not print the document in Exercise 1-14, you will see a field code in your document instead of the date.

EXERCISE 1-15

Insert and Modify Fields

A field is a code that automatically inserts the date, page number, or other information into a document. Some fields also update automatically. For example, if you insert a page number and then delete a page in the document, the pages renumber automatically.

FIGURE 1.41 Field dialog box

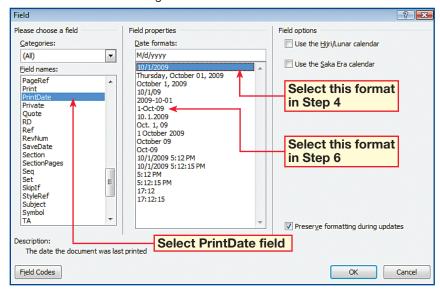
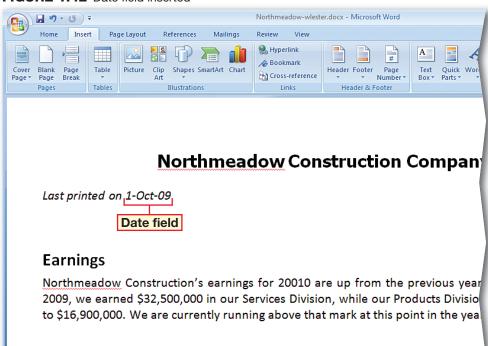


FIGURE 1.42 Date field inserted



Lesson 1: Exercise 1-15 Advanced Word 25



- In your **Northmeadow** file, under the **Services Division** heading, select \$7,712,000.
- Choose Insert>Links>
 Bookmark . In the
 Bookmark name box,
 key: Services_Profit (see
 Figure 1.43). Click Add.
- On Page 2, under the
 Forecast heading, select
 \$35,000,000. Click
 Bookmark
- Under Bookmark name, key: Services_Forecast.
 Click Add. Deselect the number and scroll to the top of the document.
- Choose Office Sword
 Options and click
 Advanced. Under Show
 document content,
 select Show Bookmarks.
 Click OK.
- 6 Choose Home>Editing>
 Find A. Click the Go To
 tab. Under Go to what,
 select Bookmark. Enter
 the bookmark name.
- Click **Go To**. Click **Close**.

 Deselect the text.
- 8 (CHECK) Your screen should look like Figure 1.44. Save and close your file.
- Continue to the next exercise.

EXERCISE 1-16

Insert Bookmarks

A **bookmark** marks a place in a document. Bookmarks allow you to navigate quickly to sections of a document that you reference often. Bookmarked text is surrounded by brackets.

FIGURE 1.43 Bookmark dialog box

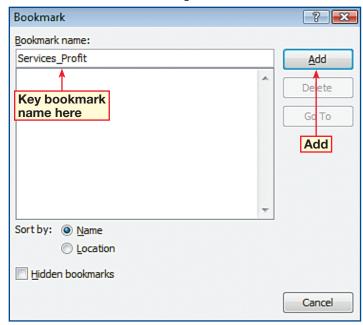
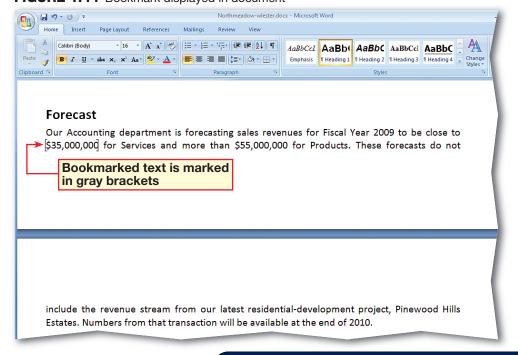


FIGURE 1.44 Bookmark displayed in document



Lesson 1: Exercise 1-16 Advanced Word 26

- Open the **Announce** data file. Save the file as:

 Announce-[your first initial and last name].
- Choose Mailings>Start
 Mail Merge>Start Mail
 Merge Select Step
 by Step Mail Merge
 Wizard.
- In the Mail Merge task pane, make sure Letters is selected and click Next:
 Starting document at the bottom of the task pane.
- Select Use the current document. Click Next:
 Select recipients. Select
 Use an existing list.
 Click Next: Write your letter.
- Locate the data file Office

 Address List. Click Open.
- 6 (CHECK) Your dialog box should look like Figure 1.45. Click OK.
- In your **Announce** file, click after the **Date field** and press ENTER four times.
- In the task pane, under
 Write your letter, click
 Address block. Click OK.
- (CHECK) Your screen
 should look like Figure 1.46.
- Continued on the next page.

EXERCISE 1-17

Insert Name and Address Block





You can use Word's Mail Merge Wizard to create a form letter that you can send out in an e-mail or letter to each contact in your address list. When you insert address block or greeting line fields, Word automatically replaces the fields with an inside address and salutation for each recipient. This tool saves time when a business must send several personalized letters at once.

FIGURE 1.45 Mail Merge Recipients dialog box

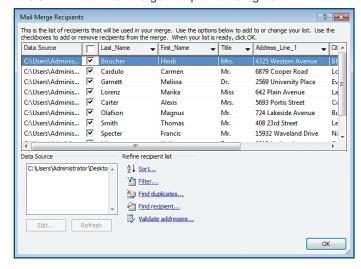
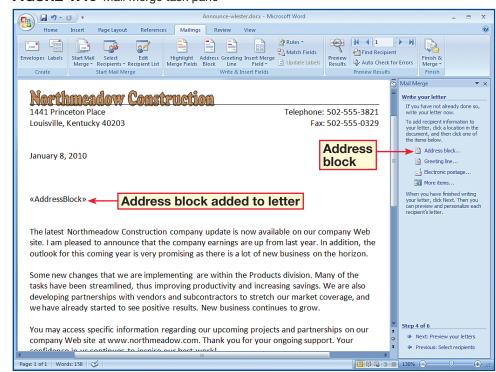


FIGURE 1.46 Mail Merge task pane



Lesson 1: Exercise 1-17 Advanced Word 27

- In your **Announce** file, click after the << Address Block >> field. Press ENTER twice.
- In the Mail Merge task pane, under Write Your Letter, click Greeting Line. Click OK in the Insert Greeting Line dialog box.
- Click Next: Preview your letters at the bottom of the Mail Merge task pane.
- (3) (1) CHECK) Your screen should look like Figure 1.47.
- In the Mail Merge task pane, under Make
 Changes, click Edit recipient list.
- In the Mail Merge

 Recipients dialog box,
 click the check box next to
 the first name in the list.
 Click OK.
- Click Next: Complete the merge at the bottom of the Mail Merge task pane.
- **TOCHECK** Your screen should look like Figure 1.48. Save your file.
- Continue to the next exercise.

EXERCISE 1-17 (Continued)





Insert Name and Address Block

FIGURE 1.47 Mail Merge preview

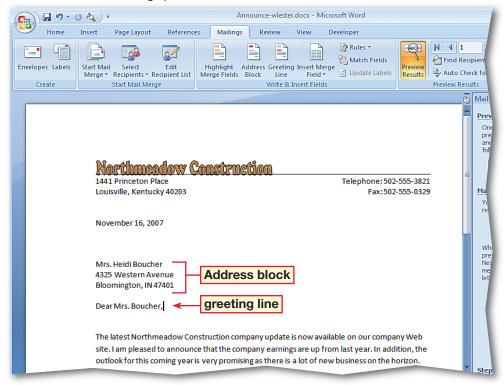
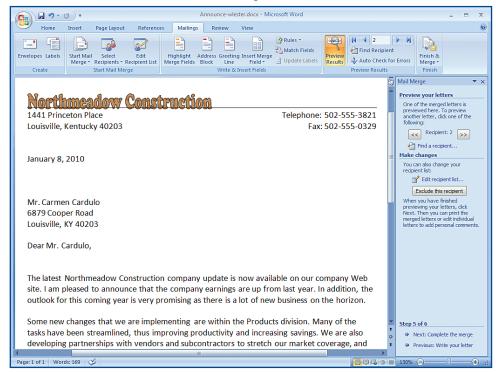


FIGURE 1.48 Address inserted in mail merge



- Open a new document and save the file as: Ex1-17[your first initial and last name].
- Choose Mailings>Start
 Mail Merge>Start Mail
 Merge . Select
 Envelopes.
- In the **Envelope Options** dialog box, click **OK**. Key the return address as shown in Figure 1.49.
- In the Start Mail Merge group, click Select Recipients Choose Use Existing List.
- Locate the data file Office
 Address List. Click Open.
 Click in the lower-middle
 area of the envelope.
- 6 (CHECK) Your screen should look like Figure 1.49.
- Choose Mailings>Write & Insert Fields>Address
 Block
- In the Insert Address
 Block dialog box, under
 Specify address
 elements, select
 Mr. Joshua Randall Jr.
- 9 (CHECK) Your dialog box should look like Figure 1.50. Click OK.
- Continued on the next page.

EXERCISE 1-18

Create Envelopes from Lists

In addition to using the Mail Merge tool to send several personalized letters at once, you can also use it to print addresses on envelopes for bulk mailings. The Mail Merge tool allows you to create envelopes from saved address lists, as well.

FIGURE 1.49 Envelope with recipient text box

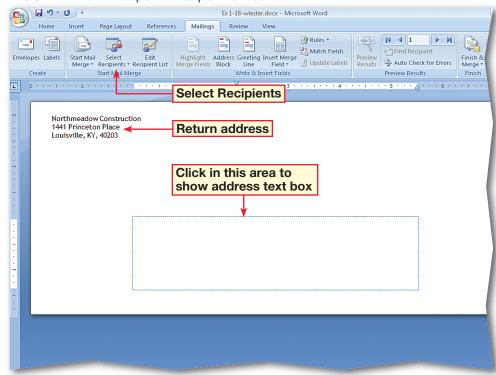
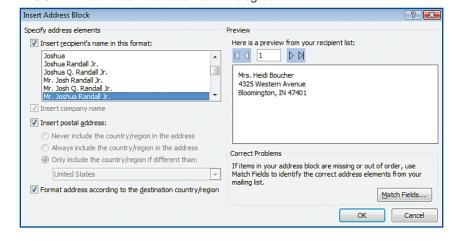


FIGURE 1.50 Insert Address Block dialog box



ile

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- Select Mailings>Finish>
 Finish & Merge .
 Choose Edit Individual
 Documents.
- In the Merge to New

 Document dialog box,
 select All. Click OK.
- (CHECK) Your screen should look like Figure 1.51.
- Scroll through the envelopes. Choose
 Office Print>Print
 Preview
- **OCHECK** Your screen should look like Figure 1.52.
- Click Close Print
 Preview. Save and close
 your file.
- Exit Word.

You Should Know

You can change the envelope size and printing options by clicking **Start**Mail Merge and selecting **Envelopes**.

EXERCISE 1-18 (Continued) Create Envelopes from Lists



FIGURE 1.51 Finished mail merge

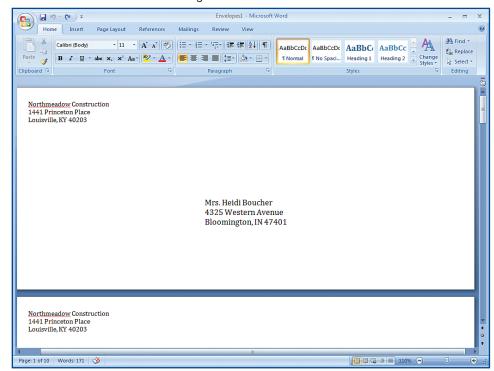
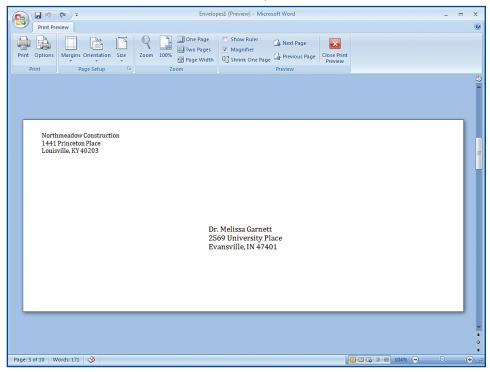


FIGURE 1.52 Address block added to envelope



Lesson 1: Exercise 1-18 Advanced Word 30

Practice It Activities

1. Explore Custom Styles

File

Follow the steps to complete the activity.

FIGURE 1.53 Create New Style from Formatting dialog box

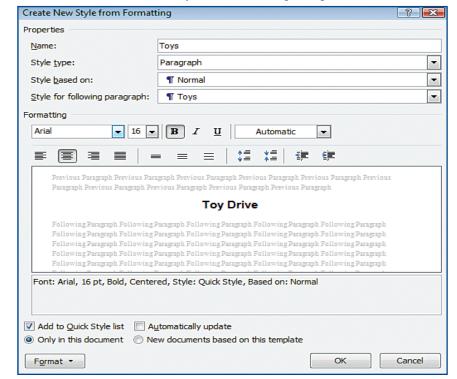
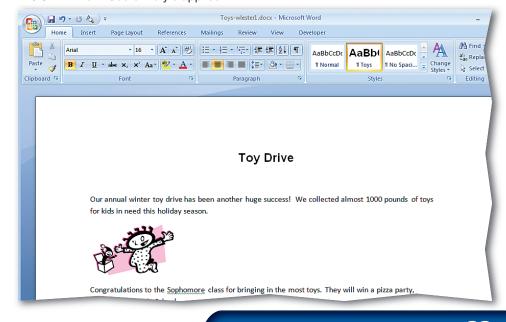


FIGURE 1.54 Custom style applied



Step-By-Step

- Open the data file

 Toys.docx. Save the file
 as: Toys-[your first initial
 and last name]1.
- Choose Home>Styles and click the Styles Dialog

 Box Launcher . Click

 New Style in the

 Styles Gallery.
- Under Properties, in the Name box, key: Toys.
- Under Formatting, select
 Arial, 16 pt, and Bold.
 Click Center Align.
- box should look like Figure 1.53.
- Click **OK**.
- Select the text Toy Drive. In the **Styles Gallery**, click **toys**.
- 8 Close the Styles Gallery.
- (CHECK) Your screen
 should look like Figure 1.54.
- Save and close your file.

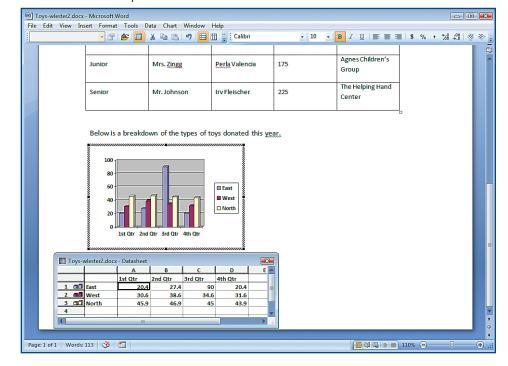
Practice It Activities

2. Create a Chart Using Data from Another Source

File

Follow the steps to complete the activity. You must complete Practice It Activity I before doing this activity.

FIGURE 1.55 Graph Chart in Word



Step-By-Step

- Open your **Toys-1** file. Save as: Toys-[your first initial and last name]2.
- Click after the word year.

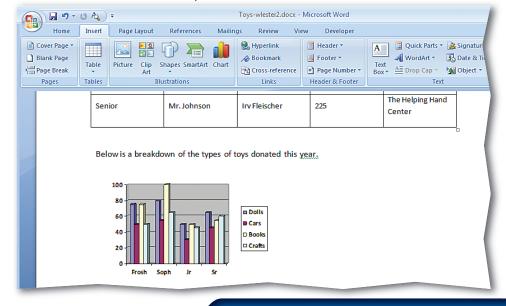
 Press ENTER. Choose

 Insert>Text>Object
- In the Object dialog box, click the Create New tab. Click Microsoft Graph Chart. Click OK.
- 4 (CHECK) Your screen should look like Figure 1.55.
- Open the data file Count
 .xlsx. Select the data and
 choose Home>
 Clipboard>Copy
- In your **Toys-2** file, select the data in the datasheet.

 Press DELETE.
- Select the first five rows and five columns. Choose Home>Clipboard>Paste

 Click outside the chart.
- 8 (CHECK) Your screen should look like Figure 1.56.
- 9 Exit **Excel**. Save and close your **Toys-2** file.

FIGURE 1.56 New data in Graph Chart



Practice It Activities

Step-By-Step

Open your **Toys-2** file. Save as: Toys-[your first initial and last name]3.

- Select the last sentence in the document. Launch the Styles Gallery. Click New Style ...
- Name the style: Thanks.
 Choose Bold, Italic, and
 16 pt. Make the font Blue.
- Click Format and choose Font. Under effects, select Shadow. Click OK twice.
- 5 (CHECK) Your screen should look like Figure 1.57. Close the Styles Gallery.
- Double-click the graphic.

 Click Text Wrapping .

 Select More Layout

 Options.
- Click the Picture Position tab. Under Horizontal, change the Alignment to Right relative to Column.
- 9 (CHECK) Your screen should look like Figure 1.58. Save and close your file.

3. Wrap Text and Format Text

Follow the steps to complete the activity. You must complete Practice It Activity 2 before doing this activity.

FIGURE 1.57 Custom text style applied

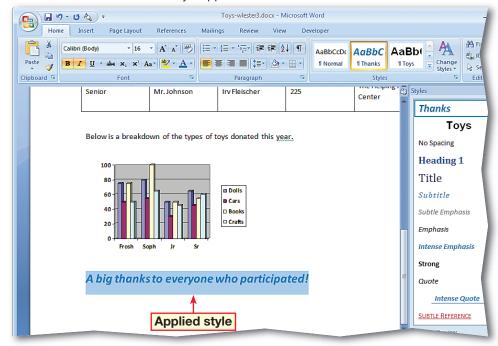
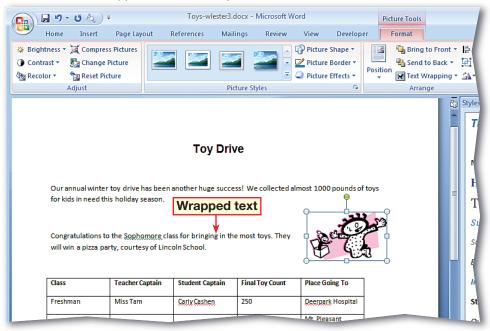


FIGURE 1.58 Wrapped text around object



You Try It Activities

4. Control Pagination and Modify Graphics

Pile

Your teacher has assigned you a pen pal named Samira, who lives in another country. Your assignment is to write Samira a letter using the Word skills you learned in this lesson. Use your knowledge of orphans and widows to correct the formatting.

FIGURE 1.59 Page with widow removed

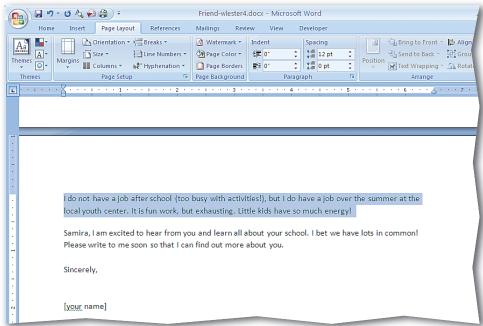
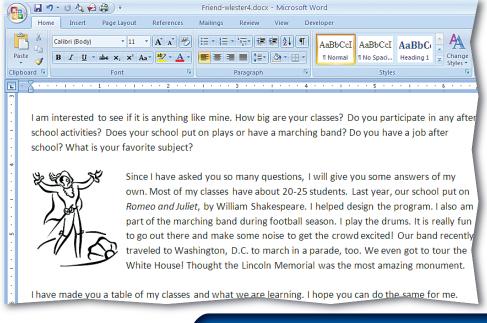


FIGURE 1.60 Modified graphic with wrapped text



Step-By-Step

- Open the data file

 Friend.docx. Save as:

 Friend-[your first initial and last name]4.
- Select the paragraph between the first and second page that contains the widow.
- Format the paragraph to control Widows/Orphans.
- 4 (CHECK) Your screen should look like Figure 1.59.
- Click before the third paragraph on the first page. Insert a theater graphic similar to the one in Figure 1.60.
- Change the **Height** to **1.4**". Wrap the text in your letter around the graphic.
- **OCHECK** Your screen should look like Figure 1.60.
- 8 Save and close your file.

Step-By-Step

- Open your **Friend-4** file. Save as: Friend-[your first initial and last name]5.
- Create a custom style for the table in the letter by applying **All Borders** to the **Whole Table**.
- Format the **Header Row** to **Bold** and **14 pt**.
- Open the **Styles** task pane. Click the down arrow to the right of the **Normal** style listed in the task pane and click **Modify**.
- Change the font to Arial

 Narrow, 11 pt. Click OK.
- Apply the **Normal** style to the whole letter. **Center** the return address.
- Resize the graphic's height to 1". Close the **Styles** task pane.
- 8 (CHECK) Your screen should look like Figure 1.61.
- Save and close your document.

You Try It Activities

5. Formatting in Word

You need to add a few finishing touches to give your letter to Samira a nice polished appearance. Use your new Word skills to format the table so that it is easier to read. You must complete You Try It Activity 4 before doing this activity.

FIGURE 1.61 Revised letter

[your first and last name] [your street address] [your city, state, zip code] [YOUR COUNTRY] [your phone number]

[date]

Dear Samira,

I would like to introduce myself as your new pen pal. My name is [your name]. I am 14 years old and in the 9th grade. When our teacher, Mr. Romasanta, told us we would be getting pen pals from a different country, I was very excited.

One thing I would love to learn about is your school. I am interested to see if it is anything like mine. How big are your classes? Do you participate in any after school activities? Does your school put on plays or have a marching band?

Do you have a job after school? What is your favorite subject?

Since I have asked you so many questions, I will give you some answers of my own. Most of my classes have about 20-25 students. Last year, our school put on *Romeo and Juliet*, by William Shakespeare. I helped design the program. I also am part of the marching band during football season. I play the drums. It is really fun to go out there and make some noise to get the crowd

excited! Our band recently traveled to Washington, D.C. to march in a parade, too. We even got to tour the White House! Thought the Lincoln Memorial was the most amazing monument.

I have made you a table of my classes and what we are learning. I hope you can do the same for me.

Subject	Teacher	Currently Studying	Favorite Aspect
English	Mr. Yu	Charles Dickens	Reading about another time
Algebra	Miss Garcia	Sine and Cosine	Solving for x
Language Arts	Mrs. Wiseheart	Prepositional phrases	Speaking correctly
Physics	Mr. Washington	Inertia	Studying roller coasters
Drama	Miss Patterson	Tennessee Williams	Performing in front of my class
Computers	Mrs. Grant	Word Formatting	Making tables

I do not have a job after school (too busy with activities!), but I do have a job over the summer at the local youth center. It is fun work, but exhausting. Little kids have so much energy!

Samira, I am excited to hear from you and learn all about your school. I bet we have lots in common! Please write to me soon so that I can find out more about you.

Sincerely,

[your name]